

BREADS

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|---------------------------------------|------|
| 01. TOASTED CHICKEN & MAYO | R 59 |
| 02. TOASTED TUNA & MAYO | R 65 |
| 03. TOASTED CHEESE & TOMATO | R 49 |
| 04. SMASHED AVO ON TOAST | R 55 |
| 05. SMASHED AVO POACHED EGGS ON TOAST | R 69 |
| 06. BREAKFAST OPEN SANDWICH | R 79 |

EGGS

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| 07. CHEESE OMELETTE | R 59 |
| 08. SCRAMBLED EGGS WITH TOAST | R 59 |
| 09. POACHED EGGS ON TOAST | R 69 |
| 10. MUSHROOM OMELETTE | R 69 |
| 11. BEEF OMELETTE | R 89 |
| 12. CHICKEN OMELETTE | R 79 |

BOWLS

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|--------------------------|------|
| 13. MUESLI | R 65 |
| 14. PEANUT BUTTER & OATS | R 59 |
| 15. AÇAÍ | R 75 |
| 16. ASIAN POKE BOWL | R 99 |

SALADS

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| 17. CHICKPEA | R 75 |
| 18. CREAMY SRIRACHA | R 89 |
| 19. CHICKEN | R 89 |
| 20. CREAMY SRIRACHA - STEAK | R 99 |

19. Chicken Wrap



10. Mushroom Omelette



15. Açaí Bowl



WRAPS

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|-----------------------------|-------|
| 19. CHICKEN WRAP | R 95 |
| 20. MUSHROOM WRAP | R 75 |
| 21. TROPICAL WRAP | R 89 |
| 22. BREAKFAST BURITO WRAP | R 78 |
| 23. MEXICAN MUSHROOM BURITO | R 99 |
| 24. MEXICAN CHICKEN BURITO | R 99 |
| 25. MEXICAN STEAK BURITO | R 119 |

BURGERS

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| 26. THE 1ST BURGER | R 69 |
| 27. 1ST BURGER + SWEET POTATO FRIES | R 89 |
| 28. BEEF'D UP | R 89 |
| 29. BEEF'D UP + CHIPS | R 119 |
| 30. HAWAIIAN BURGER | R 89 |
| 31. HAWAIIAN BURGER + CHIPS | R 109 |

LIGHT MEALS

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|-------------------------------------|------|
| 32. CHIPS + DIP (POTATO FRIES) | R 39 |
| 33. SWEET POTATO FRIES (200G) + DIP | R 39 |
| 34. PROTEIN PANCAKES | R 69 |
| 35. PROTEIN PLATE | R 99 |
| 36. CHICKEN & AVO BAGEL | R 79 |
| 37. TUNA BAGEL | R 79 |
| 38. CHICKEN STRIPS & CHIPS | R 89 |